

# Bayswater Bulletin

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## Upcoming Events

- ◆ 13<sup>th</sup> Jan 07 Little Aths resumes
- ◆ 20<sup>th</sup> Jan 07 Chocolate Drive
- ◆ 27<sup>th</sup> Jan 07 Knox Open Twilight
- ◆ 3<sup>rd</sup> Feb 07 Canteen Duty
- ◆ 11<sup>th</sup> Feb 07 Annual Bayswater Bunnings BBQ fundraiser

## Presidents Message

By the time you have received this newsletter, I trust you all had a pleasant Christmas and that Santa was good to all of you.

The efforts of our Bullets continue to impress this club right up to the end of 2006 with a number of exceptional performances to date. Furthermore we had some excellent results at the State Relay with Annie and David doing the Orange and Black proud. Well done Bullets!

In addition our own and former Bullet Brydee Moore, continues to put Australia on the map with two gold despite having a recurring injury. Gutsy stuff!

Off the field we have had another successful grant application whereby this club is now able to upgrade its portable BBQ. I understand our current club 'Chef' (Mike Thomas) is being kept busy going assessing a variety of new BBQ models for our club and we should soon see his new 'toy' in early 2007.

Thank you to all of those who assisted in our Cake Stall and Christmas Raffle. Whilst the result of our raffle was down in comparison to last year we manage to break a club record in the Cake sales. Thanks to all those who assisted on this day especially Paul Jackson and Douglas Nolan for selling tickets and Libby for help in the setting up. This effort helps in ensuring that our end of year presentation is of a quality manner.

On the 11<sup>th</sup> February 2007, this club will be holding its first BBQ Fundraiser at Bunnings (Bayswater). This has been a long awaited opportunity as it will assist in generating much needed funds for this club and your cooperation and assistance on this day will ensure it will be a success. We hope this will become an annual event and anyone who is willing to volunteer an hour or two of their time will be gratefully appreciated (and appropriately acknowledged). The more people we have the easier (and quicker) it will be for all. It is also a great opportunity for much needed promotion of this club to attract new members for 2007-08 season.

Also, another first for this club, the BBLAC Committee has decided that there is a need to incorporate some leadership opportunities within our young ranks to guide new and younger Bullets as well as provide positive role models to them. Hence the Committee has decided to create two new positions for this club namely Male and Female Club Captains. This will be undertaken as a trial period for the second half of the season. The role of these Captains is, but not limited to, provide positive role models to our Bullets, allow new/young members to be guided and encouraged in their chosen events and to be ambassadors for this club. Therefore after much consideration the Committee has elected to appoint Josh Holdway and Daragh Moore as our first ever Club Captains. Congratulations Josh/Daragh!

## Presidents Message (Cont)



*Daragh - High Jump*

Lastly, if you haven't done so, with the increasing hot weather we have been experiencing I would encourage all parents to consider ensuring that we adhere to the Slip, Slop, Slap motto. Specially priced Club Caps and Polo Shirts are available so please see Team Managers Alex/Tracey for more information.

Let's see if we can end the 2007 season with a bang!

Kind regards

Dean Barton-Smith  
President



*Erin - 100m*

## Little Ath's Open Days

Various Little Athletic Centre's from around the State hold "Open Days" where athletes from outside of their Centre are invited to compete against them on their track.

It is like a Championship Day where the first 3 placing in the final of their selected events can win medals and those in 4<sup>th</sup> to 8<sup>th</sup> place win ribbons.

This is also a good way to gain extra experience in your favourite events leading up to the Regional and Knox Championships. Those coming up are:

### Chelsea Open Day

Sun 21st Jan 2007 - 9:30am Start  
Postal Entries close 13th Jan 2007



*Jessica - 60m Hurdles*

### Knox Open Twilight

Sat 27th Jan 2007 - 2:00pm start  
Postal entries close 15th Jan 2007

### Corio Open Day

Sun 28th Jan 2007 - 9:30am start  
Postal entries close 19th Jan 2007

### Bayside Open Day

Sun 4th Feb 2007 - 10:00am start  
Postal entries close 23rd Jan 2007

### Maryborough Open Day

Sun 4th Feb 2007 - 9:45am start  
Postal entries close Tue 30th Jan 2007

### U/6 to U/8's Little Aths Carnival

Sun 11th Feb 2007 - 10:00am start  
Postal entries close Wed 31st Jan 2007  
(A must for those in this age group - A fun day and every athlete wins a ribbon)

### Seaford Open Day

Sun 11th Feb 2007 - 9:30am start  
Postal entries close Mon 5th Feb 2007

### Collingwood Open Day

Sun 11th Feb 2007 - 9:15am start  
Postal entries close Fri 26th Jan 2007

### Coburg Open Day

Sun 4th Mar 2007 - 9:00am start  
Postal entries close Mon 26th Feb 2007

### Werribee Open Day

Sun 11th Mar 2007 - 9:30am start  
Postal entries close Sat 3rd Mar 2007

See our Club webpage under "Club Forms" for the entry forms or see our Team Managers or Secretary Stephen Egan to obtain one.

#### Anaconda Stores Pty Ltd

300 Canterbury Road,  
Bayswater, Vic 3153  
Ph: 8720 4050  
Fax: 8720 4040  
[www.anaconda.com.au](http://www.anaconda.com.au)

#### Footprint Cards

144 Maroondah Hwy,  
Croydon, Vic 3136  
Ph: 8723 1555  
Fax: 8723 1666  
[www.footprintcards.com.au](http://www.footprintcards.com.au)

#### Quest Knox

137 Mountain Highway,  
Wantirna, Vic 3152  
Ph. 9801 6044  
Fax. 9800 3550  
[www.questknox.com.au](http://www.questknox.com.au)

## PB's as 16/12/06

Personal Best Points as at 16/12/06			
Boys	U/15	<b>Josh Holdway</b>	37
Boys	U/11	<b>David Thomson</b>	34
Girls	U/10	<b>Emma Thomson</b>	28
Girls	U/9	<b>Erin Holdway</b>	28
Boys	U/9	<b>Zac Thomas</b>	22
Boys	U/8	<b>Nathan Goodger</b>	21
Girls	U/11	<b>Claire Elliott</b>	21
Boys	U/7	<b>Adam Maggs</b>	20
Boys	U/8	<b>Cody Norton</b>	20
Boys	U/7	<b>Tom Richardson</b>	18
Boys	U/8	<b>Jack Bole-Brown</b>	18
Girls	U/10	<b>Jorgia Foster</b>	17
Girls	U/10	<b>Jessica Richardson</b>	17
Boys	U/8	<b>Thomas Elliott</b>	15
Girls	U/9	<b>Annie Egan</b>	15
Girls	U/8	<b>Jessica Thomson</b>	14
Girls	U/13	<b>Deborah Elliott</b>	14
Boys	U/7	<b>Kahlab Stephens</b>	13
Boys	U/8	<b>Alex Barton-Smith</b>	13
Boys	U/8	<b>Clay Bryant</b>	13
Boys	U/9	<b>Jacob Mumford</b>	12
Boys	U/12	<b>Matija Pecek</b>	12
Boys	U/9	<b>Joshua Nolan</b>	10
Boys	U/10	<b>Liam Murray</b>	10
Boys	U/11	<b>Aiden Hartney</b>	7
Girls	U/14	<b>Daragh Moore</b>	7
Girls	U/7	<b>Annabel Thomas</b>	6
Boys	U/8	<b>Zack Welsh</b>	6
Boys	U/9	<b>Nicholas Elliott</b>	6
Boys	U/9	<b>Luke Leighton</b>	6
Girls	U/10	<b>Roxy Hankin</b>	6

## New Athletes 2006/07

We would like to welcome another new athlete in U/9 **Luke Leighton** to our club. Luke is a cousin to U/7 **Tom Richardson**.

## Tattslotto Update

Our Tattslotto fundraiser is up and running and number 43 seems to be the lucky number this time. If you are yet to choose your a number, you still can do so. It cost \$1 a week and there are a few numbers remaining. The winners are -

Date	Winning Numbers	Winning Families.
18/11/06	14 & 40	Neil Richardson
25/11/06	25 & 45	Estera Pecek & Josh Holdway
2/12/06	43 & 26	Zac Thomas
9/12/06	31 & 6	Dean Barton-Smith
16/12/06	44 & 43	these two numbers are free & available

Lucky numbers still remaining - 14, 22, 24, 31, 32, 34, 35, 36, 38, 39, 42, 43 and 44

## Another Club Grant!

### "Volunteer Small Equipment Grant 2006"

Another successful Grant Application! Federal MP Chris Pearce sent our club a letter to say our club was successful in its application for a "Volunteer Small Equipment Grants 2006". Chris will present a Certificate to our club on our Twilight Friday 16<sup>th</sup> March 2007 around 7:00pm

This was for a Portable BBQ and gas bottle to use for our Friday twilights and other activities throughout the year. This is in recognition of your contribution in carrying out volunteer parent duty and for those volunteering on our Committee.

Out of the 15,000 applications for this grant, only 2,800 were successful so we were very lucky!



*Nathan - 600m*

## Birthday List

Happy Birthday to the following Athletes:

- 27<sup>th</sup> October - Annabel Thomas
- 21<sup>st</sup> December - Jessica Thomson
- 30<sup>th</sup> December - Jacob Mumford
- 20<sup>th</sup> January - Nathan Goodger
- 31<sup>st</sup> January - Emma Thomson

## EMR Relay Championships



*Zac at the EMR Relay Championships*



We had five athletes competing for the Knox Centre at the **Eastern Metropolitan Regional** Relay Championships at Doncaster on 19<sup>th</sup> Nov 2006 with all competing in at least 3 events.

U/9 **Zac Thomas** competed in the Medley and made his way to the final where Knox came 7<sup>th</sup> and also competed in the 4 x 200m. **Daragh Moore** competed in the Under U/14 Relays. **Erin Holdway** and **Annie Egan** were together in the "Knox B" 4 x 100m team which came 5th in the heat. In the 4 x 200m event, both **David Thomson's** Boys U/11 and **Annie Egan's** Girls U/9 teams won both Heat and Final and Qualified for the State Championships at Olympic Park.

David will also be in the Boys U/11 4 x 100m event after coming first in the Heat, but was rested for the final which came first and Annie's U/9 Mixed Sex 4 x 100m Relay team progressed to State as well, after coming 4th in the final.

## State Relay Championships



Our two Bayswater Bullets athletes did extremely well for the Knox Centre, at the **State** Relay Championships held at Olympic Park on 10<sup>th</sup> Dec 2006 with both helping to win State medals for their teams.

**Annie Egan's** team who won in both the Heat and the Final, to win Gold in the Girls U/9 4x200m to become State Champions with a time of 2 min 19.72 sec, which was the fastest time since 2001. She also ran in the U/9 Mixed Sex 4x100 Heat coming fourth with a time of 1 min 06.27 sec, just missing out on the Final.

Interestingly, Annie & Erin's Assistant Girls U/9 Relay Coach is **Hayley Malt**, an Ex Bayswater Bullets State Champion from the mid 1990's who still holds Knox Centre records and 16 Bayswater Club Records in the two years she was with our club.

**David Thomson** did equally as well in his teams by winning the Silver Medal in coming second in both Heat and Final of the Boys U/11 4x100m with a time of 55.02 sec, just missing out on Gold by 0.12 of a second. In the Boys U/11 4x200m, his team won the Heat and came third in the Final but unfortunately; the Knox Team was disqualified in the Final.



*Annie with the U/9 Girls 4 x 200m winning State Gold Medal team*



*David's U/11 4 x 100m Relay State Silver Medal*

## Team Managers Report



Nicholas - 100m

### Week 7 - 17th Nov 2006

Best PB effort for the night was by U/15 **Josh Holdway** with 5 PB's. Next best was by U/9 **Erin Holdway** and U/10 **Emma Thomson** with 4 PB's.

U/15 **Josh Holdway** was the first to reach his Gold PB Medal status. U/9 **Erin Holdway** has reached her Bronze PB Medal status. U/9 **Zac Thomas**, U/11 **Claire Elliott** and U/13 **Deborah Elliott** all reached their 10 PB Certificate.

### Week 8 - 25<sup>th</sup> Nov 2006

Best PB effort for the day was by U/9 **Zac Thomas**, U/10 **Emma Thomson**, U/11 **Claire Elliott** and U/11 **David Thomson** with 4 PB's each.

U/10 **David Thomson** reached his Gold Medal PB Status. U/9 **Erin Holdway** and U/10 **Emma Thomson** have reached their Silver PB Medal status. Also to U/8 **Cody Norton**, U/8 **Nathan Goodger**, U/9 **Zac Thomas**, U/10 **Jorgia Foster** and U/11 **Jorgia Foster** who have all reached their Bronze PB Medal status.

U/7 **Tom Richardson**, U/7 **Kahlab Stephens**, U/8 **Jessica Thomson**, U/8 **Thomas Elliott** and U/10 **Jessica Richardson** have all reached their 10 PB Certificate.

### Week 9 - 2<sup>nd</sup> Dec 2006

Best PB effort for the day was by U/7 **Adam Maggs**, U/7 **Tom Richardson**, U/8 **Nathan Goodger**, U/8 **Clay Bryant**, U/10 **Jessica Richardson** and U/11 **David Thomson** with 3 PB's each.

An excellent effort by U/11 **David Thomson** who broke a 13 year old 60m Hurdles club records in a time of 10.54 seconds. The previous record was 10.86 sec on 21 Mar 1993

Congratulations to U/10 **Emma Thomson** who has reached her Gold PB Medal Status. Well done to U/8 **Alex Barton-Smith**, U/8 **Clay Bryant**, U/9 **Annie Egan** and U/10 **Liam Murray** have all reached their 10 PB Certificate.

### Week 10 - 8th Dec 2006

The special Girls Vs Boys night in the 70m and 200m events.

Best PB effort for the night was by U/7 **Adam Maggs**, U/9 **Annie Egan**, U/9 **Jacob Mumford** and U/11 **Claire Elliott** all with 4 PB's each.

Congratulations to U/9 **Erin Holdway** who has reached her Gold PB Medal Status and to U/8 **Cody Norton** and U/9 **Zac Thomas** and who have reached their Silver PB Medal Status. Also to U/7 **Adam Maggs**, U/7 **Tom Richardson**, U/8 **Thomas Elliott** and U/9 **Jack Bole-Brown** who have all reached their Bronze PB Medal Status.

Well done to U/9 **Joshua Nolan**, U/9 **Jacob Mumford** and U/12 **Matija Pecek** who have all reached their 10 PB Certificate.

### Week 11 - 16<sup>th</sup> Dec 2006

The annual Multi-Event Day. Best PB effort for the day was by U/9 **Luke Leighton** with 4 PB's followed by U/7 **Adam Maggs** with 3 PB's.

Best performance was by U/11 **David Thomson** in coming 2<sup>nd</sup> with 2329 points.

Congratulations to U/7 **Adam Maggs** and U/8 **Nathan Goodger** who have both reached their Silver PB Medal Status. Also to U/9 **Annie Egan** who reached her Bronze PB Medal Status

Provisional Multi-Event club records were obtained by U/9 **Annie Egan**, U/9 **Zac Thomas**, U/10 **Emma Thomson**, U/11 **David Thomson**, U/12 **Matija Pecek** and U/15 **Josh Holdway**.

## Open Day Results

### Waverley Open Day -17th Nov 2006

We had one athlete compete at the Waverley Open Day with Throws Specialist U/15 **Josh Holdway** winning two Gold Medals out of two events in the Shot Put and Discus.



Deborah - 400m



Jacob - 400m



Matija - 80m Hurdles

## Knox Multi-Event Day

### 2006 Multi-Event point placings

U/7 G	Annabel Thomas	686	22nd place out of 24
U/7 B	Thomas Richardson	1711	5th place out of 37
U/7 B	Adam Maggs	1193	19th place out of 37
U/7 B	Kahlab Stephens	944	29th place out of 37
U/8 G	Jessica Thomson	1527	17th place out of 35
U/8 B	Nathan Goodger	1770	6th place out of 22
U/8 B	Jack Bole-Brown	1653	7th place out of 22
U/8 B	Zack Welsh	+565	20th place out of 22
U/9 G	Annie Egan	973 *	5th place out of 28
U/9 G	Erin Holdway	617	9th place out of 28
U/9 B	Zac Thomas	824 *	12th place out of 33
U/9 B	Luke Leighton	+167	30th place out of 33
U/10 B	Emma Thomson	898 *	10th place out of 34
U/10 B	Jessica Richardson	+149	32nd place out of 34
U/11 B	David Thomson	2329 *	2nd place out of 26
U/12 B	Matija Pecek	1784 *	9th place out of 23
U/14 B	Josh Holdway	2011	6th place out of 11

+ Did not complete all events      \* Provisional Club Record

The Multi Event is a competition which tests athlete's all round skills with points allocated depending on their level of performance in a set range of events. The winner of the Multi-Event is the athlete with the highest total point score after all events.

This event places a stronger emphasis on the participation of children in a wider range of events rather than the specialisation in one or two specific events.

This was the Knox Centre's fourth Multi-Event which first started in 2003. At the end of this season, we will be introducing Multi-Event club records for the first time.

For those U/9's and above, there is another opportunity to improve on your score by competing in the VLAA Multi-Event State Championships being held in Ballarat on 3rd and 4th March 2007.

The younger age groups compete on the Saturday and the older on the Sunday. The Knox Centre will pay for your entry fee and parents of those competing will be required to do half day duty.

## FESPIC Games, Malaysia



Congratulations to Ex-Bayswater Bullets Little Athletics disabled athlete **Brydee Moore** who won two Gold Medals in the F33 Classification for Australia at the FESPIC Games in Kuala Lumpur, Malaysia.

FESPIC Federation (formerly spelled out as Far East and South Pacific Games Federation for the disabled) - is the sports organization for the persons with disability in Asia and South Pacific.

Brydee, in her very first International competition won the Shot Put with a throw of 6.06m and also won the Discus with a throw of 11.67m which is a new Australian Record.

Assistant Bayswater Bullets Team Manager Donna Moore flew over during the weekend to be with her daughter to celebrate and got there just in time to watch her win in the Discus.

Australia came ninth in the overall medal tally with 15 Gold, 17 Silver and 23 Bronze medals which was won by China. This competition was important to Brydee as it is a stepping stone to represent Australia in the 2008 Beijing Olympics.



*Brydee with her winning Gold Medals*

**MERRY CHRISTMAS TO YOU ALL  
AND HAVE A HAPPY NEW YEAR.**

**HAVE A SAFE HOLIDAY**