

Bayswater Bulletin

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Upcoming Events

- ◆ 9th December Club Raffle Night
- ◆ 11th December State Relay Championships
- ◆ 17th December Multi-Event Day
- ◆ 14th January 2006 Little Aths resumes

Merry Christmas & a Happy New Year!

Presidents Message

As we approach the end of another year with Christmas just around the corner, it is very pleasing to see our Bullets performing well with a number of PBs and club records achieved to date.

In addition we are looking good in terms of our position to hopefully secure the Kathy Hale Trophy again this season so many thanks to the parents for their cooperation and support to date.

In order to provide services to our members, the Committee has been very active with a number fund raising initiatives in place. One of them is the upcoming Christmas Raffle on 9th December and I hope (like what our young bullets have been doing) we can all band together to see if we can really make a record breaking number raffles sold this month.

In addition there will also be a chocolate/sweet drive so your cooperation would be much appreciated to end this year on a high note.

You may also have noticed that for the first time we have quality BLAC Polo shirt and caps available for order. Please support the club and also our young bullets by considering of placing an order or perhaps consider it as a Christmas gift to someone. Having many 'black and orange' on the field will no doubt make an impression to our bullets and supporters all round.

In order to ensure any matters arising that affects our athletes, members or the club, we have generated an "Incident Form" which can be found on our website or from Donna. This form will allow the Committee to address any issues effectively and efficiently.

I would like to personally thank you all those who have responded to my recent nomination as one of the Queen Baton Relay Runners for the upcoming 2006 Commonwealth Games. I look forward to this day with pride.

Lastly and more importantly, and on behalf of the BLAC, we would like to ensure that you all have plans for some quality family time during Christmas / New Year break and trust that Santa will be good to all of you.

Have a great Christmas and a safe and productive New Year.

Kind regards

Dean Barton-Smith (President)

New Athletes 2005/06

Our newest athlete to join is:

U/11 Girls **Olivia Mellahn**

Olivia's father, Andrew, is a past Bayswater Athlete from the mid 70's

Team Managers Report



U/8 Steffi in full flight



*U/7 Jack Bole-Brown
Shot Put*



*U/13 Daragh with her
winning relay team*

Week 5 - 29th Oct 2005

A quite day with many families away on holidays for the Melbourne Cup long weekend.

Best PB effort for the day goes to U/8 **Annie Egan**, U/8 **Zac Thomas**, U/10 **Claire Elliott** and U/11 **Matija Pecek** all with 3 PB's.

Week 6 - 5th Nov 2005

A big day for Personal Best performances! All our athletes excelled today with the most PB's in a day for many years! Well done to all!

U/14 **Sharnee Griffiths** is still in excellent form, she broke the Girls U/14 Triple Jump club record held since Feb 1998 and she also broke her own 400m club record.

Best PB effort for the day goes to U/11 **Laura Clissold** with 6 PB's - an outstanding effort! The next PB best were by U/7 **Jack Bole-Brown**, U/8 **Annie Egan**, U/8 **Nicholas Elliott**, U/14 **Sharnee Griffiths**, and U/14 **Josh Holdway** all with 4 PB's.

Week 7 - 11th Nov 2005

U/14 **Sharnee Griffiths** broke her own Girls U/14 70m club record with a time of 9.67 sec.

Best PB effort for the day was by U/8 **Zac Thomas** with 4 PB's. The next PB best were by U/7 **Jessica Thomson**, U/8 **Joshua Nolan**, U/11 **Laura Clissold** and U/13 **Daragh Moore** all with 3 PB's.

Week 8 - 19th Nov 2005

Congratulations to Boys U/8 **Zac Thomas** and U/8 **Joshua Nolan** who are the first athletes to reach 12 PB Certificate status.

Week 8 (Cont) - 19th Nov 2005

Best PB effort for the day were by U/7 **Alexander Barton-Smith**, U/7 **Jack Bole-Brown**, U/8 **Nicholas Elliott**, U/8 **Zac Thomas** and U/8 **Joshua Nolan** all with 2 PB's, a great effort considering only half the program was ran.

Week 9 - 26th Nov 2005

U/7 **Jessica Thomson**, U/8 **Annie Egan** and U/11 **Laura Clissold** have reached their 12 PB Certificate status. Well Done girls!

U/14 **Sharnee Griffiths** broke another of her Club record, this time in the 400m with a time of 1 min 06.83 sec.

Best PB effort for the day was by U/11 **Olivia Mellahn** and **David Thomson** with 4 PB's each. Next best was the rest of the Thomson family: U/7 **Jessica Thomson** and U/9 **Emma Thomson** both obtained 3 PB's! Well Done!

EMR Relay Championships

At the Eastern Metropolitan Regional Relay Championships held at the Ringwood Centre, U/13 **Daragh Moore** had a great day competing for the Knox Centre.

In the 4x100m Relay, Daragh's team came first in the heat and second in the Final, so she will be competing in the State Little Athletics Relay Finals at Olympic Park on 11th Dec 2005.

In the 4x100m Mixed Age Group, her team came first. Daragh's final event was in the 4x200m where they came third in the heat and fifth in the final.

Also to compete were U/11 **Colin Shaw** and U/14 **Sharnee Griffiths**.

Queens Baton Relay

Our Club President, **Dean Barton-Smith** has just been selected as one of the Queen's Baton Relay Runners for the Melbourne 2006 Commonwealth Games.

His leg of the relay will occur in Wantirna South on 13th March 2006.

Dean says "As you can appreciate I'm very privilege and excited to be considered to carry this impressive Games baton. I look forward to sharing the Games spirit on this day"

Dean represented Australia in the Commonwealth Games in 1990 and 1994 competing in the Decathlon.

The Queen's Baton, which started in London, travels over land, sea and air on its epic journey to Melbourne for the 2006 Commonwealth Games.

The Melbourne 2006 Queen's Baton Relay is the world's longest, most inclusive relay, travelling more than 180,000 kilometres and visiting all 71 nations of the Commonwealth in a year and one day.

On 14 March 2005, the Queen handed the baton to the first of many thousands of relay runners: Australian icon Elle Macpherson. The supermodel was joined by Australia's golden girl and athletics champion, Cathy Freeman,

Birthday List

Happy Birthday to the following athlete:

December 21st **Jessica Thomson**

What a great day to start your school holidays Jessica!

Twilight BBQ Cook

Many thanks to **Mike Thomas**, our Twilight Cook for season 2005/06.

Your efforts are very much appreciated and welcomed by the hungry athletes and parents!

Open Day Results

Mentone Relay Open Day - 6th Nov 2005

At the Mentone Open Relay Day, U/13 **Daragh Moore** had a great day competing for the Knox Centre. Daragh's team came first in the U/13 Girls 4x100m Relay Heat and then the team went on to win a Gold Team Medal in the Final.

Daragh also competed in the U/13 Girls 4x200m Relay where the Knox Team came sixth. Daragh competed in the Relay Medley too.

Seaford Open Day - 26th Nov 2005

At the Seaford Open Day at Riviera Park, U/8 **Annie Egan** had a very successful day winning three Silver medals in the 800m, 60m Hurdles and Long Jump and a fourth place ribbon in the 200m.

Open Day entry forms are listed on our club website under "Club Forms"

Athletes Achievements

Victorian Primary Schools State Final

In the Victorian Primary School State Final at Olympic Park on 6th Nov 2005, U/11 **Matija Pecek** competed in the Triple Jump with a distance of 8.35m.

Knox Park Primary School Fun Run

U/8 **Annie Egan** ran in the Knox Park Primary School 1.9 Km Fun Run on 13th Nov 2005 and came 2nd in the 7 year old and under category.

Hot Weather

With the hot weather approaching, please remember to put on the Sunscreen, wear a hat and a top between events. Please also bring a drink bottle.



"As you can appreciate I'm very privilege and excited to be considered to carry this impressive Games baton. I look forward to sharing the Games spirit on this day"



Mike - our twilight BBQ cook



*U/7 Nathan & Thomas
400m Walk*



U/10 Connor - Winner

A COLOUR copy of this newsletter is available on our webpage under the "Newsletters" button



U/9 Emma- 400m

Top PB's as at 26 Nov

Boys	U/8	Zac Thomas	15
Girls	U/11	Laura Clissold	13
Girls	U/7	Jessica Thomson	12
Girls	U/8	Annie Egan	12
Boys	U/8	Joshua Nolan	12
Boys	U/8	Nicholas Elliott	11
Boys	U/7	Alex Barton-Smith	10
Boys	U/10	David Thomson	9
Girls	U/10	Emma Thomson	8
Girls	U/11	Olivia Mellahn	8
Boys	U/11	Matija Pecek	8
Boys	U/7	Jack Bole-Brown	7
Girls	U/10	Claire Elliott	7
Girls	U/14	Sharnee Griffiths	7

Tattslotto Winners

The cost is \$1 per number per week. Prize money is \$10 for each supplementary number drawn on a Saturday night.

Please see our Committee Member Merren who is collecting the Tattslotto fundraising money. This coming Saturday could be your lucky number!

Plenty of numbers above 30 are still available

29/10/05 No. 18 vacant number!
No. 20 Dean Barton-Smith \$10

5/11/05 No. 5 number available!
No: 21 Estera Pecek \$10

12/11/05 No. 44 Annie Egan \$10
No. 19 up for grabs!

19/11/05 No. 15 Maree Amess \$10
No. 31 I'm free!

26/11/05 No. 7 Rob Clissold \$10
No. 31 number available!

Athlete Profiles

Name: **U/13 Daragh Moore**
 DOB 2nd September 1993
 Hobbies: Athletics, Shopping
 Favourite Event: High Jump
 Favourite Athlete: Jana Pittman
 Favourite Food: Lee Lee's Donuts
 Favourite TV Show: The Simpsons, Neighbours, Sesame St
 Favourite Music: Green Day, NoFx

Name: **U/14 Sharnee Griffiths**
 DOB 7th August 1992
 Hobbies: Hanging out with friends
 Favourite Event: 200m
 Favourite Athlete: Cathy Freeman
 Favourite Food: Lasagne
 Favourite TV Show: The Simpsons
 Favourite Music: New Found Glory

Name: **U/11 Laura Clissold**
 DOB 23rd February 1995
 Hobbies: Dancing
 Favourite Event: Discus
 Favourite Athlete: Lleyton Hewitt
 Favourite Food: Pumpkin Soup
 Favourite TV Show: Home & Away
 Favourite Music: Hilary Duff

Newsletter

If you have anything to contribute to the newsletter, please let a Committee Member or the Newsletter Editor know.

Remember - it's your newsletter!