



BAYSIDE OPEN DAY

SANDRINGHAM ATHLETIC TRACK, GLAMIS AVENUE, HAMPTON (Mel. Ref. 76 K6)
Sandringham & Oakleigh Little Athletics Centres

Sunday, 3rd February, 2008

- Venue** Sandringham Athletics Track
Glamis Avenue, Hampton, Mel. Ref. 76 K6
- Starting Time** 10.00am
- Eligibility** All athletes registered with VLAA and AV in their relevant age groups
Athletes are permitted to progress to the next available age group where an event is not offered in their current age group
- Entries Close** Tuesday 22nd January 2008
- Entry Fee** • \$5 per event. Maximum 5 events per athlete. 5 events = \$22
- Late Entries** • Entries after 22nd January 2008 - \$6 per event.
• Late Entries may be taken up to 9am on the day
• Make cheques payable to "Oakleigh LAC"
- Entries to** Bayside Open Day, PO Box 90 Webb St, Narre Warren 3805
- Enquiries** Phone Pam: 9704 0018 / 0411 097 595 or Cheryl: 9533 5731 / 0411 262 504

Rules and Conditions

- Current Centre or Club uniform with registration patch attached and suitable footwear must be worn. 7mm spikes in sprints, hurdles, jumps, javelin, 800m & 1500m (for age groups as in the VLAA Competition Regulations)
- If insufficient entries in an event, athletes will be contacted for an alternate event choice

Parking: Is available at the track and surrounding streets - **observe parking restrictions**

Canteen: Full canteen available including BBQ

Awards: Medals for 1st, 2nd and 3rd placings in individual events and ribbons for 4th to 8th placings

For your records enter your events here and only return the cut off section filling in ALL details - thank you

1 _____ 2 _____ 3 _____ 4 _____ 5 _____

ENTRY FORM: Please circle events against the appropriate age group. Please ensure gender is specified.

| | | | | | | | BOY <input type="checkbox"/> | GIRL <input type="checkbox"/> |
|-----|-------|------|------|----|-----|--------------|------------------------------|-------------------------------|
| U6 | 70m | 100m | 200m | LJ | Dis | SP | | |
| U7 | 70m | 100m | 200m | LJ | Dis | SP | | |
| U8 | 70m | 100m | 200m | LJ | Dis | 60mH | | |
| U9 | 800m | 100m | 200m | LJ | SP | 60mH | HJ | |
| U10 | 800m | 100m | 200m | TJ | Dis | 80mH | | 1100mW |
| U11 | 800m | 100m | 200m | LJ | SP | 80mH | HJ | |
| U12 | 1500m | 100m | 400m | TJ | Dis | 80mH | Javelin | |
| U13 | 800m | 100m | 200m | LJ | SP | 80mH | HJ | 1500mW |
| U14 | 1500m | 100m | 400m | TJ | Dis | 80/90mH | Javelin | |
| U15 | 800m | 100m | 200m | | SP | 90mH (Girls) | HJ | |
| U18 | 1500m | 100m | 400m | LJ | Dis | 100mH | Javelin | 1500mW |

Name _____ Telephone _____ Centre _____

Address _____ P/C _____

Email _____ Please make cheques payable to **Oakleigh LAC**

Entry Fee \$ _____ (Enclosed) Cheque Money Order Cash

Complimentary lunch will be provided to Officials who work all day. If you are prepared to help please indicate preference for job. Please ensure the names of the helpers are entered below:

Helpers: _____ Preferred Job: _____

_____ Preferred Job: _____